AETNA BETTER HEALTH®
Coverage Policy/Guideline

Name:	Continuous Glucose Monitors	Page:	1 of 4
Effective Date:	4/27/2026	Last Review Date:	4/2026

Applies to:	☐Illinois	☐Florida	☒Florida Kids
	☐New Jersey	☐Maryland	☐Michigan
	☒Pennsylvania Kids	☐Virginia	☐Kentucky PRMD

Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Continuous Glucose Monitors under the patient's prescription drug benefit.

Applicable Drug List:

Preferred Agents:
Dexcom (All Products)

Non-Preferred Agents:
Enlite (All Products)
Eversense (All Products)
Freestyle Libre (All Products)
Guardian (All Products)
MiniMed Sensor (all products)
Simplera (all products)

Policy/Guideline:

The patient is unable to take the preferred Dexcom product, due to a trial and inadequate treatment response or intolerance, or a contraindication. Documentation is required for approval.

Diabetes Mellitus
Authorization may be granted for the requested continuous glucose monitor and associated accessories for a diagnosis of diabetes mellitus when ONE of the following criteria are met:

- The patient is using insulin therapy.
- The patient is taking a sulfonylurea or meglitinide and ONE of the following criteria are met:
  - The patient has a major risk factor for hypoglycemia (e.g., history of level 2 or level 3 hypoglycemia, impaired hypoglycemia awareness, cognitive impairment or dementia, end-stage kidney disease).
  - The patient has multiple other risk factors for hypoglycemia (e.g., multiple episodes of level 1 hypoglycemia, age 75 years or older, chronic kidney disease, cardiovascular disease, high glycemic variability).

Glycogen Storage Disease

Authorization may be granted for the requested continuous glucose monitor and associated accessories for a diagnosis of glycogen storage disease.

Approval Duration and Quantity Restrictions:

Approval: 12 months

Quantity Level Limit:

Sensors

- Dexcom G7 15 Day sensors: 2 per 30 days
- Dexcom G6 and G7 sensors: 3 per 30 days
- Freestyle Libre sensors: 2 per 28 days
- Guardian sensors: 5 per 28 days
- Enlite sensors: 5 per 30 days
- Eversense sensors: 1 per 90 days
- Eversense XL sensors: 1 per 180 days
- Eversense 365: 1 per 365 days
- MiniMed sensors: 2 per 30 days
- Simplera sensors: 5 per 30 days

Transmitters

Dexcom G6 transmitter: 1 per 90 days

Readers

FreeStyle Libre 14 & FreeStyle Libre 2: 1 reader per year

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