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Take a beat.

Your essential reminders are here.

October 2022

Read up on essential news

We want to keep you informed. Here are a few important news items and reminders for you this month.

Gender-affirming procedures

This update applies to commercial members only.

We require prior authorization for all services for Gender-Affirming procedures. Use these forms:

- Gender-Affirming Surgery Precertification Information Request — Form GR-6995-2
- Gender-Affirming Hair Removal Authorization Request — Form GR-69647

Also, we now have authorization forms for Gender-Affirming Hair Removal.

Submitting precertification requests

Be sure to submit precertification requests at least two weeks in advance. To save time, request precertification online. Doing so is fast, secure and simple.

You can submit most requests online through our [Availity provider portal](#).* Or you can use your practice's Electronic Medical Record (EMR) system if it's set up for electronic precertification requests.

Learn more about [precertification](#).

*Availity® is available only to providers in the U.S. and its territories.



You can always find these policies on our Availity* provider portal.

[Access Availity](#)

Quick reminder: You can use our Code Edit Lookup tools on Availity®.

Just go to **Payer Space > Applications > Code Edit Lookup Tools**. And keep your Aetna® provider ID number handy to access them.

Changes to our National Precertification List (NPL)

This update applies to both our commercial and Medicare members.

The following new-to-market drugs require precertification:

- Skyrizi® IV (risankizumab-rzaa) — precertification is required starting September 12, 2022. This drug is part of the Immunologic Agents drug category.
- Amvuttra™ (vutrisiran) — precertification is required starting September 22, 2022. This drug is part of the Hereditary Transthyretin-Mediated Amyloidosis (ATTR) drug category.
- Fynetra® (pegfilgrastim-pbbk) — precertification is required starting October 25, 2022. This drug is part of the Granulocyte Colony-Stimulating Factor drug category.

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You can submit most requests online through our [Availity provider portal](#).* Or you can use your practice's Electronic Medical Record (EMR) system if it's set up for electronic precertification requests. Use our "Search by CPT® code" search function on our [precertification lists](#) page to find out if the code requires precertification. **

Learn more about [precertification](#).

Are you asking for precertification on a specialty drug for a commercial or Medicare member? Then submit your request through Novologix®, also available on [Availity](#). Not registered for Availity®? Go to [Availity](#) to register and learn more.

*Availity is available only to providers in the U.S. and its territories.

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Non-medical office visits

This update applies to commercial members only.

We don't cover office visits that do not treat or diagnose a specific illness, symptom, complaint or injury unless covered under a member's benefits plan.

Some examples of services not covered are exams needed to:

- Get or keep a job
- Travel
- Go to a school
- Go to a camp
- Join a sport or other recreational activity

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