



Connections

Providers collaborating, patients thriving

Aetna Integrated Primary Care Behavioral Health Program

Supporting a collaborative health care model

You offer your patients great next steps. But did they follow up? Now you'll know.

This unique care model features a colocated primary doctor and behavioral health provider to collaborate on wellness and mental health issues.

So your patients get the help they need today.

Integration works

And here's why: A majority of patients treated in a primary care setting have a physical ailment that's affected by anxiety, depression or another psychological issue. Without the right support, these issues are often underdiagnosed.



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Care in same office, on same page

How the program works



You refer patients, as clinically indicated, to the behavioral health clinician.

The clinician sees patients within the primary care setting, using a problem-solution focus.



The clinician communicates regularly with you, providing written reports about patients' progress and interventions.

Billing guidelines

Behavioral health clinicians (licensed psychologists, either master's- or PhD-level; licensed social workers, master's-level minimum; or licensed professional counselors, master's-level minimum): If you deliver behavioral health services in primary care offices, you may submit claims to us using the following codes:

Diagnosis code: F48.9 (Nonpsychotic mental disorder, unspecified)

Procedure code: 90834 (Psychotherapy with patient — 45 minutes)

You can submit claims using your behavioral health office address and provider ID number/tax ID number. We'll reimburse you out of the behavioral health benefit, as outlined in your agreement.

Connected care, healthier patients

To learn more, email

AetnaIntegratedPCPBehavioralHealth@aetna.com.

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