## **Aetna Health Management HMO Products**

SouthEast Region (Including Arkansas) Medical and Non-Medical Approvals and Denials from 10/01/2023 to 12/31/2023

Inpati	Inpatient Medical and Non-Medical Approvals and Denials			Ambulatory Medical and Non-Medical Approvals and Denials			
	Top 10 Provider/Facility Types		Top 10 Provider/Facility Types		Total		
	Psychiatry	2169		Ophthalmology	35		
	Internal Medicine	1308		Critical Care Medicine	35		
	Hospitalist	1224		Physical Medicine & Rehabilitation	32		
	Anxiety Disorders	901		Cardiology	30		
	Mood Disorders	740		Sports Medicine	29		
	Post-Traumatic Stress Disorder	680		Surgery, Plastic	28		
	General Practice	616		Men's Issues	28		
	Family Practice	588		Neurology & Psychiatry	27		
	Personality Disorders	573		Surgery (Transplant)	27		
	Addiction Psychiatry	570		Detox	26		
				Oncology	26		
	Top 10 Procedure Codes and Descriptions	Total		Top 10 Procedure Codes and Descriptions	Total		
Procedure			Procedure				
Code	Procedure Code Description		Code	Procedure Code Description			
43239	UPPER NDSC BIOPSY SINGLE/MULTIPLE	414	59400	OB CARE ANTEPARTUM VAG DLVR & POSTPARTUM	319		
43235	UPPER GI NDSC DX W/WO COLLECTION SPECIMEN	368	81432	HEREDITARY BRST CA-RELATED GEN SEQ ANALYS 10 GEN	222		
81432	HEREDITARY BRST CA-RELATED GEN SEQ ANALYS 10 GEN	204	81433	HEREDITARY BRST CA-RELATED DUP/DEL ANALYSIS	218		
81433	HEREDITARY BRST CA-RELATED DUP/DEL ANALYSIS	202	27447	ARTHRP KNE CONDYLE&PLATU MEDIAL&LAT COMPARTMENTS	193		
	ARTHRP KNE CONDYLE&PLATU MEDIAL&LAT						
27447	COMPARTMENTS	177	27130	ARTHRP ACETBLR/PROX FEM PROSTC AGRFT/ALGRFT	157		
36475	ENDOVEN ABLTJ INCMPTNT VEIN XTR RF 1ST VEIN	119	99417	PROLNG OP E/M EACH 15 MIN	140		
58558	HYSTEROSCOPY BX ENDOMETRIUM&/POLYPC W/WO D&C	115	59510	OB ANTEPARTUM CARE CESAREAN DLVR & POSTPARTUM	93		
27130	ARTHRP ACETBLR/PROX FEM PROSTC AGRFT/ALGRFT	111	36475	ENDOVEN ABLTJ INCMPTNT VEIN XTR RF 1ST VEIN	92		
F2000	CYSTOURETHROSCOPY	103	97151	BEHAVIOR ID ASSESSMENT BY PHYS/QHP EA 15 MIN	85		
52000	CISTOONETTINOSCOTT	103	J/1J1	2211/101011 2 / 100200112111 21 1 1 1 1 1 0 / Q111 2 / 1 20 1 1 1 1 1	0.		



	Top 10 Diagnosis Codes and Descriptions	Total		Top 10 Diagnosis Codes and Descriptions	Total
Diagnosis			Diagnosis		
code	Diagnosis Code Description		code	Diagnosis Code Description	
Z80.3	Family history of malignant neoplasm of breast	99	M17.11	Unilateral primary osteoarthritis, right knee	87
M17.11	Unilateral primary osteoarthritis, right knee	75	Z80.3	Family history of malignant neoplasm of breast	83
	GASTRO-ESOPHAGEAL REFLUX DISEASE WITHOUT				
K21.9	ESOPHAGITIS	71	M17.12	Unilateral primary osteoarthritis, left knee	74
M17.12	Unilateral primary osteoarthritis, left knee	65	M16.11	Unilateral primary osteoarthritis, right hip	58
M16.11	Unilateral primary osteoarthritis, right hip	47	M16.12	Unilateral primary osteoarthritis, left hip	54
Z12.11	Encounter for screening for malignant neoplasm of colon	41	187.2	Venous insufficiency (chronic) (peripheral)	53
J34.2	Deviated nasal septum	41	H02.831	Dermatochalasis of right upper eyelid	26
N20.0	CALCULUS OF KIDNEY	41	183.813	Varicose veins of bilateral lower extremities with pain	25
R13.10	DYSPHAGIA, UNSPECIFIED	40	F10.20	Alcohol dependence, uncomplicated	25
K40.90	Unil inguinal hernia, w/o obst or gangr, not spcf as recur	40	M54.16	Radiculopathy, lumbar region	24
	Top 10 Denial Reasons	Total		Top 10 Denial Reasons	Total
	Robotic Assistance - KNEE ARTHROPLASTY	40		Network Adequacy Denial	91
	Delegated Entity Denial	26		Delegated Entity Denial	87
	Not Medically Necessary	26		Non Par HMO/EC - EDI or Fax/Administrative denial	33
	Infertility: PGT-A (PGS)	24		Not a Covered Service	31
	Not a Covered Service	24		Not Medically Necessary	29
	Clinical Requested - Not Received - Admin Denial	22		Clinical Requested - Not Received - Admin Denial	27
	Lumbar laminectomy for herniated disc	19		Plan Exclusion	25
	Endoscopic sinus surgery and balloon sinuplasty	18		Lumbar laminectomy for herniated disc	24
	Network Adequacy Denial	15		Robotic Assistance - KNEE ARTHROPLASTY	22
	Infertility: cryo/storage/thaw when services denied	14		Primary Total Knee Arthroplasty	21



## **Aetna Life Insurance Company PPO Products**

SouthEast Region (Including Arkansas) Medical and Non-Medical Approvals and Denials from 10/01/2023 to 12/31/2023

Inpatie	ent Medical and Non-Medical Approvals and Denials		A	Ambulatory Medical and Non-Medical Approvals and Denials	
	Top 10 Provider/Facility Types		Top 10 Provider/Facility Types		Total
	Psychiatry	257		Internal Medicine	255
	Internal Medicine	250		Surgery	239
	Hospitalist	182		Obstetrics & Gynecology	159
	Pediatrics	166		Gastroenterology	143
	Anxiety Disorders	91		Psychiatry	133
	Surgery	90		Surgery, Orthopedic	129
	Psychiatry, Child & Adolescent	83		Otolaryngology	95
	Mood Disorders	79		Urology	70
	General Practice	77		Pediatrics	66
	Family Practice	71		Radiology, Diagnostic	65
	Top 10 Procedure Codes and Descriptions	Total		Top 10 Procedure Codes and Descriptions	Total
Procedure			Procedure		
Code	Procedure Code Description		Code	Procedure Code Description	
22853	INSJ BIOMCHN DEV INTERVERTEBRAL DSC SPC W/ARTHRD	46	43239	UPPER NDSC BIOPSY SINGLE/MULTIPLE	414
20930	ALLOGRAFT FOR SPINE SURGERY ONLY MORSELIZED	36	43235	UPPER GI NDSC DX W/WO COLLECTION SPECIMEN	368
22840	POSTERIOR NON-SEGMENTAL INSTRUMENTATION	25	81432	HEREDITARY BRST CA-RELATED GEN SEQ ANALYS 10 GEN	204
20936	AUTOGRAFT SPINE SURGERY LOCAL FROM SAME INCISION	25	81433	HEREDITARY BRST CA-RELATED DUP/DEL ANALYSIS	202
58150	TOTAL ABDOMINAL HYSTERECT W/WO RMVL TUBE OVARY	24	27447	ARTHRP KNE CONDYLE&PLATU MEDIAL&LAT COMPARTMENTS	177
22558	ARTHRODESIS ANTERIOR INTERBODY LUMBAR	24	36475	ENDOVEN ABLTJ INCMPTNT VEIN XTR RF 1ST VEIN	119
22612	ARTHRD PST TQ 1NTRSPC LUMBAR	20	58558	HYSTEROSCOPY BX ENDOMETRIUM&/POLYPC W/WO D&C	115
22842	POSTERIOR SEGMENTAL INSTRUMENTATION 3-6 VRT SEG	20	27130	ARTHRP ACETBLR/PROX FEM PROSTC AGRFT/ALGRFT	111
22614	ARTHRD PST TQ 1NTRSPC EA ADD	18	52000	CYSTOURETHROSCOPY	103
63047	LAM FACETECTOMY & FORAMOTOMY 1 SEGMENT LUMBAR	18	30520	SEPTOPLASTY/SUBMUCOUS RESECJ W/WO CARTILAGE GRF	99
22845	ANTERIOR INSTRUMENTATION 2-3 VERTEBRAL SEGMENTS	18			



	Top 10 Diagnosis Codes and Descriptions	Total		Top 10 Diagnosis Codes and Descriptions	Total
Diagnosis			Diagnosis		
code	Diagnosis Code Description		code	Diagnosis Code Description	
A41.9	Sepsis, unspecified organism	66	Z80.3	Family history of malignant neoplasm of breast	99
R10.9	Unspecified abdominal pain	58	M17.11	Unilateral primary osteoarthritis, right knee	75
J18.9	PNEUMONIA, UNSPECIFIED ORGANISM	57	K21.9	GASTRO-ESOPHAGEAL REFLUX DISEASE WITHOUT ESOPHAGITIS	71
R07.9	Chest pain, unspecified	54	M17.12	Unilateral primary osteoarthritis, left knee	65
N17.9	ACUTE KIDNEY FAILURE, UNSPECIFIED	53	M16.11	Unilateral primary osteoarthritis, right hip	47
K92.2	Gastrointestinal hemorrhage, unspecified	38	Z12.11	Encounter for screening for malignant neoplasm of colon	41
148.91	UNSPECIFIED ATRIAL FIBRILLATION	37	J34.2	Deviated nasal septum	41
F33.2	Major depressy disorder, recurrent severe w/o psych features	36	N20.0	CALCULUS OF KIDNEY	41
163.9	CEREBRAL INFARCTION, UNSPECIFIED	35	R13.10	DYSPHAGIA, UNSPECIFIED	40
121.4	Non-ST elevation (NSTEMI) myocardial infarction	34	K40.90	Unil inguinal hernia, w/o obst or gangr, not spcf as recur	40
	Top 10 Denial Reasons	Total		Top 10 Denial Reasons	Total
	Clinical Requested - Not Received - Admin Denial	266		Robotic Assistance - KNEE ARTHROPLASTY	40
	Post Procedure - Coverage for the requested admission is				
	denied - member does not meet criteria	47		Delegated Entity Denial	26
	Other Coverage Primary/COB	40		Not Medically Necessary	26
	Precert denial of requested post-surgical admission	22		Infertility: PGT-A (PGS)	24
	Neurology - Coverage for the requested admission is denied - member does not meet criteria	18		Not a Covered Service	24
	Inpatient Adm Late Notification - ACUTE ADM ONLY	17		Clinical Requested - Not Received - Admin Denial	22
	Inpatient Admit Denial Due to Procedure Denial (Clinical)	16		Lumbar laminectomy for herniated disc	19
	Chest Pain - Coverage for the requested admission is denied -	4.5			
	member does not meet criteria	16	-	Endoscopic sinus surgery and balloon sinuplasty	18
	Gallbladder - Coverage for the requested admission is denied - member does not meet criteria	16		Network Adequacy Denial	15
	Inpatient denial for emergent Outpatient procedure - ADM no delay day	13		Infertility: cryo/storage/thaw when services denied	14
	Failure to Precert Service Denial	13			
	Abdominal Pain - Coverage for the requested admission is denied - member does not meet criteria	13			

