



# Cimzia® (certolizumab pegol) Injectable Medication Precertification Request

Aetna Precertification Notification  
Phone: 1-866-752-7021 (TTY: 711)  
FAX: 1-888-267-3277

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(All fields must be completed and legible for precertification review.)

**For Medicare Advantage Part B:**  
Please Use Medicare Request Form

Please indicate:  Start of treatment: Start date \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
 Continuation of therapy: Date of last treatment \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Precertification Requested By: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

A. PATIENT INFORMATION			
First Name:		Last Name:	
Address:		City:	
Home Phone:		Work Phone:	
Patient Current Weight: ____ lbs or ____ kgs		Patient Height: ____ inches or ____ cms	
Allergies:		DOB:	
State:		ZIP:	
Cell Phone:		Email:	
B. INSURANCE INFORMATION			
Aetna Member ID #:		Does patient have other coverage? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Group #:		If yes, provide ID#: _____ Carrier Name: _____	
Insured:		Insured:	
Medicare: <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, provide ID #:		Medicaid: <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, provide ID #:	
C. PRESCRIBER INFORMATION			
First Name:		Last Name: (Check One): <input type="checkbox"/> M.D. <input type="checkbox"/> D.O. <input type="checkbox"/> N.P. <input type="checkbox"/> P.A.	
Address:		City:	
Phone:		State:	
Fax:		ZIP:	
St Lic #:		NPI #:	
DEA #:		UPIN:	
Provider Email:		Office Contact Name:	
Specialty (Check one): <input type="checkbox"/> Gastroenterologist <input type="checkbox"/> Rheumatologist <input type="checkbox"/> Dermatologist <input type="checkbox"/> Other: _____		Phone:	
D. DISPENSING PROVIDER/ADMINISTRATION INFORMATION			
Place of Administration:		Dispensing Provider/Pharmacy: <i>Patient Selected choice</i>	
<input type="checkbox"/> Self-administered <input type="checkbox"/> Physician's Office		<input type="checkbox"/> Physician's Office <input type="checkbox"/> Retail Pharmacy	
<input type="checkbox"/> Outpatient Infusion Center Phone: _____		<input type="checkbox"/> Specialty Pharmacy <input type="checkbox"/> Mail Order	
Center Name: _____		<input type="checkbox"/> Other: _____	
<input type="checkbox"/> Home Infusion Center Phone: _____		Name: _____	
Agency Name: _____		Phone: _____ Fax: _____	
<input type="checkbox"/> Administration code(s) (CPT): _____		TIN: _____ PIN: _____	
E. PRODUCT INFORMATION			
Request is for Cimzia (certolizumab pegol) Dose: _____		Frequency: _____	
F. DIAGNOSIS INFORMATION - Please indicate primary ICD code and specify any other any other where applicable (*).			
Primary ICD code: _____		Secondary ICD code: _____	
G. CLINICAL INFORMATION - Required clinical information must be completed for ALL precertification requests.			
For All Requests (clinical documentation required for all requests):			
<input type="checkbox"/> Yes <input type="checkbox"/> No Will the requested drug be used in combination with any other biologic (e.g., Humira) or targeted synthetic drug (e.g., Olumiant, Otezla, Xeljanz)?			
<input type="checkbox"/> Yes <input type="checkbox"/> No Has the patient ever received (including current utilizers) a biologic (e.g., Humira) or targeted synthetic drug (e.g., Olumiant, Xeljanz) associated with an increased risk of tuberculosis?			
<input type="checkbox"/> Yes <input type="checkbox"/> No Has the patient had a tuberculosis (TB) test (e.g., tuberculosis skin test [PPD], interferon-release assay [IGRA], chest x-ray) within 6 months of initiating therapy?			
<input type="checkbox"/> Yes <input type="checkbox"/> No (Check all that apply): <input type="checkbox"/> PPD test <input type="checkbox"/> interferon-gamma assay (IGRA) <input type="checkbox"/> chest x-ray			
Please enter the results of the tuberculosis (TB) test: <input type="checkbox"/> positive <input type="checkbox"/> negative <input type="checkbox"/> unknown			
<b>If positive</b> , please indicate which applies to the patient:			
<input type="checkbox"/> latent TB and treatment for latent TB has been initiated			
<input type="checkbox"/> latent TB and treatment for latent TB has been completed			
<input type="checkbox"/> latent TB and treatment for latent TB has not been initiated			
<input type="checkbox"/> active TB			
For Initiation Requests (clinical documentation required for all requests):			
Ankylosing spondylitis and axial spondyloarthritis			
Please indicate loading dose at weeks 0, 2 and 4: _____ Please indicate maintenance dose: _____ frequency:			
Please select which of the following applies to the patient: <input type="checkbox"/> Active ankylosing spondylitis (AS) <input type="checkbox"/> Active axial spondyloarthritis			
<input type="checkbox"/> Yes <input type="checkbox"/> No Is the requested drug being prescribed by or in consultation with a rheumatologist?			
<input type="checkbox"/> Yes <input type="checkbox"/> No Is the patient female and currently pregnant or breastfeeding?			
<input type="checkbox"/> Yes <input type="checkbox"/> No Has the patient had an ineffective response, contraindication, or intolerance to Simponi Aria (one-month trial)?			
<input type="checkbox"/> Yes <input type="checkbox"/> No Has the patient had an ineffective response, contraindication, or intolerance to Avsola or Inflectra (one-month trial)?			
<input type="checkbox"/> Yes <input type="checkbox"/> No Has the patient ever received (including current utilizers) a biologic (e.g., Humira) or targeted synthetic drug (e.g., Rinvoq, Xeljanz) that is indicated for active ankylosing spondylitis or active axial spondyloarthritis?			
<input type="checkbox"/> Yes <input type="checkbox"/> No Has the patient experienced an inadequate response with at least TWO nonsteroidal anti-inflammatory drugs (NSAIDs), or does the patient have an intolerance or contraindication to at least two NSAIDs?			

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Patient First Name	Patient Last Name	Patient Phone	Patient DOB
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### G. CLINICAL INFORMATION (continued) – Required clinical information must be completed in its entirety for all precertification requests.

#### Crohn's disease

Please indicate loading dose at weeks 0, 2, and 4: \_\_\_\_\_ Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks

- Yes  No Has the patient been diagnosed with moderately to severely active Crohn's disease (CD)?
- Yes  No Is the requested drug being prescribed by or in consultation with a gastroenterologist?
- Yes  No Has the patient ever received (including current utilizers) a biologic (e.g., Humira) indicated for moderately to severely active Crohn's disease?
  - Yes  No Has the patient tried and had an inadequate response to at least one conventional therapy option?
    - Yes  No Does the patient have a contraindication or intolerance to at least one conventional therapy option (e.g., azathioprine [Azasan, Imuran], budesonide [Entocort EC], ciprofloxacin [Cipro], mercaptopurine [Purinethol], methylprednisolone [Solu-Medrol], methotrexate IM or SC, metronidazole [Flagyl], prednisone, sulfasalazine [Azulfidine, Sulfazine], rifaximin [Xifaxan], tacrolimus)?
    - Please select:  Sulfasalazine (Azulfidine, Sulfazine)  Metronidazole (Flagyl)
    - Ciprofloxacin (Cipro)  Prednisone  Budesonide (Entocort EC)  Azathioprine (Azasan, Imuran)
    - Mercaptopurine (Purinethol)  Methotrexate IM or SC  Methylprednisolone (Solu-Medrol)
    - Rifaximin (Xifaxan)  Tacrolimus

#### Plaque psoriasis

Please indicate loading dose at weeks 0, 2 and 4: \_\_\_\_\_ Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks

- Yes  No Has the patient been diagnosed with moderate to severe plaque psoriasis?
- Yes  No Is the requested drug being prescribed by or in consultation with a dermatologist?
- Yes  No Is the patient female and currently pregnant or breastfeeding?
  - Yes  No Has the patient had an ineffective response, contraindication, or intolerance to Ilumya (one-month trial)?
  - Yes  No Has the patient had an ineffective response, contraindication, or intolerance to Avsola or Inflectra (one-month trial)?
- Yes  No Has the patient ever received (including current utilizers) a biologic (e.g., Humira) or targeted synthetic drug (e.g., Sotyktu, Otezla) indicated for the treatment of moderate to severe plaque psoriasis?
  - Yes  No Are crucial body areas (e.g., hands, feet, face, neck, scalp, genitals/groin, intertriginous areas) affected?
    - Yes  No Please indicate the percentage of body surface area (BSA) affected (prior to starting the requested medication): \_\_\_\_\_%
    - If less than 10% of BSA:
      - Yes  No Has the patient experienced an inadequate response, or has an intolerance to phototherapy (e.g., UVB, PUVA) or pharmacologic treatment with methotrexate, cyclosporine or acitretin?
        - Yes  No Does the patient have a clinical reason to avoid pharmacologic treatment with methotrexate, cyclosporine and acitretin?
          - Please indicate clinical reason to avoid pharmacologic treatment:
          - Clinical diagnosis of alcohol use disorder, alcoholic liver disease or other chronic liver disease
          - Breastfeeding  Cannot be used due to risk of treatment-related toxicity  Drug interaction
          - Pregnancy or currently planning pregnancy
          - Significant comorbidity prohibits use of systemic agents (e.g., liver or kidney disease, blood dyscrasias, uncontrolled hypertension)
          - Other, please explain: \_\_\_\_\_

#### Psoriatic arthritis

Please indicate loading dose at weeks 0, 2 and 4: \_\_\_\_\_ Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks

- Yes  No Does the patient have psoriatic arthritis with co-existent plaque psoriasis?
- Yes  No Is the requested drug being prescribed by or in consultation with a rheumatologist or dermatologist?
- Yes  No Has the patient been diagnosed with active psoriatic arthritis (PsA)?
- Yes  No Is the patient female and currently pregnant or breastfeeding?
  - Yes  No Has the patient had an ineffective response, contraindication, or intolerance to Simponi Aria (one-month trial)?
  - Yes  No Has the patient had an ineffective response, contraindication, or intolerance to Avsola or Inflectra (one-month trial)?
- Yes  No Has the patient ever received (including current utilizers) a biologic or targeted synthetic drug (e.g., Rinvoq, Otezla) that is indicated for active psoriatic arthritis?
  - Yes  No Does the patient have mild to moderate disease?
    - Yes  No Does the patient have severe disease?
  - Yes  No Does the patient have enthesitis or predominantly axial disease?
    - Yes  No Has the patient had an inadequate response to methotrexate, leflunomide, or another conventional synthetic drug (e.g., sulfasalazine) administered at an adequate dose and duration?
      - Yes  No Has the patient had an intolerance to methotrexate, leflunomide, or another conventional synthetic drug (e.g., sulfasalazine)?
        - Yes  No Does the patient have a contraindication to methotrexate or leflunomide?
          - Yes  No Does the patient have a contraindication to another conventional synthetic drug (e.g., sulfasalazine)?

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### G. CLINICAL INFORMATION (continued) – Required clinical information must be completed in its entirety for all precertification requests.

If yes, please indicate the contraindication:  History of intolerance or adverse event  Renal impairment  Hypersensitivity  Myelodysplasia  
 Blood dyscrasias (e.g., thrombocytopenia, leukopenia, significant anemia)  Breastfeeding  Elevated liver transaminases  Interstitial pneumonitis or clinically significant pulmonary fibrosis  Pregnancy or currently planning pregnancy  Significant drug interaction  Clinical diagnosis of alcohol use disorder, alcoholic liver disease or other chronic liver disease  Other: \_\_\_\_\_

#### Rheumatoid arthritis

Please indicate loading dose at weeks 0, 2 and 4: \_\_\_\_\_ Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks

- Yes  No Has the patient been diagnosed with moderately to severely active rheumatoid arthritis (RA)?
- Yes  No Is the requested drug being prescribed by or in consultation with a rheumatologist?
- Yes  No Is the patient female and currently pregnant or breastfeeding?
  - Yes  No Has the patient had an ineffective response, contraindication, or intolerance to Simponi Aria (one-month trial)?
  - Yes  No Has the patient had an ineffective response, contraindication, or intolerance to Avsola or Inflectra (one-month trial)?
- Yes  No Has the patient ever received (including current utilizers) a biologic (e.g., Humira) or targeted synthetic drug (e.g., Rinvoq, Xeljanz) indicated for moderately to severely active rheumatoid arthritis?
  - Yes  No Does the patient meet either of the following: a) the patient was tested for the rheumatoid factor (RF) biomarker and the RF biomarker test was positive, or b) the patient was tested for the anti-cyclic citrullinated peptide (anti-CCP) biomarker and the anti-CCP biomarker test was positive?
    - Yes  No Has the patient been tested for all of the following biomarkers: a) rheumatoid factor (RF), b) anti-cyclic citrullinated peptide (anti-CCP), and c) C-reactive protein (CRP) and/or erythrocyte sedimentation rate (ESR)?
  - Yes  No Has the patient experienced an inadequate response after at least 3 months of treatment with methotrexate at a dose greater than or equal to 15 mg per week?
    - Yes  No Has the patient experienced an intolerance to methotrexate?
      - Yes  No Does the patient have a contraindication to methotrexate?
        - Please indicate the contraindication:
        - History of intolerance or adverse event  Renal impairment  Hypersensitivity
        - Blood dyscrasias (e.g., thrombocytopenia, leukopenia, significant anemia)
        - Breastfeeding  Elevated liver transaminases  Myelodysplasia
        - Interstitial pneumonitis or clinically significant pulmonary fibrosis
        - Pregnancy or currently planning pregnancy  Significant drug interaction
        - Clinical diagnosis of alcohol use disorder, alcoholic liver disease or other chronic liver disease
        - Other: \_\_\_\_\_

#### For Continuation Requests (clinical documentation required for all requests):

Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks

- Yes  No Is the patient currently receiving the requested drug through samples or a manufacturer's patient assistance program?
- Yes  No Has the patient achieved or maintained positive clinical response as evidenced by low disease activity or improvement in signs and symptoms since starting treatment with the requested drug?

#### Ankylosing spondylitis and axial spondyloarthritis

Please indicate which of the following has the patient experienced:

- Functional status  Total spinal pain  Inflammation (e.g., morning stiffness)  None of the above

#### Crohn's disease

Yes  No Has the patient achieved or maintained remission?

Please indicate which of the following has the patient experienced:

- Abdominal pain or tenderness  Abdominal mass  Body weight  Diarrhea  Endoscopic appearance of the mucosa  Hematocrit
- Improvement on a disease activity scoring tool (e.g., Crohn's Disease Activity Index [CDAI] score)  None of the above

#### Plaque psoriasis

Yes  No Has the patient experienced a reduction in body surface area (BSA) affected from baseline?

Yes  No Has the patient experienced an improvement in signs and symptoms of the condition from baseline (e.g., itching, redness, flaking, scaling, burning, cracking, pain)?

#### Psoriatic arthritis

Please indicate which of the following has the patient experienced:

- Number of swollen joints  Number of tender joints  Dactylitis  Enthesitis  Skin and/or nail involvement  Axial disease
- None of the above

#### Rheumatoid arthritis

Please indicate the percent of disease activity improvement from baseline in tender joint count, swollen joint count, pain, or disability: \_\_\_\_\_%

### H. ACKNOWLEDGEMENT

Request Completed By (Signature Required): \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Any person who knowingly files a request for authorization of coverage of a medical procedure or service with the intent to injure, defraud or deceive any insurance company by providing materially false information or conceals material information for the purpose of misleading, commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

The plan may request additional information or clarification, if needed, to evaluate requests.